



Bereavement Support Programs

Bereavement Education & Support Groups

Tuesday 10:00 to 11:30am
Meets at Dignity Health Hospice,
1544 Market St, Redding

- For persons grieving the loss of a spouse.
- Offered intermittently
- Pre-registration required. No charge to attend
- For more information call Kristin Duarte,
Dignity Health Hospice, 530.245.4070

General Grief Support Group

1st and 3rd Wednesday's
Meets at Dignity Health Hospice,
1544 Market St, Redding

- For persons grieving any death loss.
- Open group, runs continuously.
Drop-ins welcome
- No pre-registration required.
No charge to attend
- For more information call Kristin Duarte,
Dignity Health Hospice, 530.245.4070

Virtual Grief Support Group

Every Thursday, 3:00-4:30pm
Via Zoom

- For persons grieving any death loss.
- Open groups, run continuously. Drop-ins
welcome
- No pre-registration required.
No charge to attend.
- For information call Kristin Duarte,
Dignity Health Hospice, 530.245.4070



Hello humankind.

Hospice staff reserves the right to assess whether a support group is the best and most appropriate approach for an individual who request to join a group. If the assessment suggests that the support group is not suitable, good faith efforts will be made to refer an individual to other community services that may better meet the individual needs.